



# REMEMBER YOUR CYCLE LIGHTS

## When must you use cycle lights?

When riding on a public road, cycle path or public place between sunset and sunrise. They're also recommended in conditions of reduced visibility during the day.

## What is required?

The law requires a red rear light and a white front light, plus a red rear reflector and four amber pedal reflectors. Optional: an additional white reflector on the front and white or amber reflectors on the spokes.

## Lighting tips

- Lights should be fixed to the cycle: make sure they are not obscured by luggage or clothing
- Always angle front lights downwards so that they do not dazzle or confuse others.
- Ensure that your lights are always charged and/or that you have spare lights or batteries. Dynamo lighting is an option so that you always have power.
- Flashing lights are allowed: 2-3 flashes per second is recommended.

### Rear lamp

One red light, positioned centrally or to the right, between 35cm and 150cm from the ground, at or near the rear, aligned towards and visible from behind.

### Rear reflector

One red reflector, positioned centrally or to the right, between 25cm and 90cm from the ground, at or near the rear, aligned towards and visible from behind.

### Front lamp

One white light, positioned centrally or to the right, up to 150cm from the ground, aligned towards and visible from the front.

### Pedal reflectors

Four are required, coloured amber, positioned so that for each pedal one is clearly visible from the front and from behind.

